



**School Health and Safe Students Advisory Council
Minutes
October 25, 2010**

The School Health and Safe Schools Advisory Council met on Monday, October 25, 2010 at 6:30 PM.

A sign in sheet is available upon request.

Introductions were made by Ms. Diane Foster, Director of Curriculum, and Mrs. Lisa Knight, Director of Special and Federal Programs.

Role of the School Health and Safe Students Advisory Council

Ms. Foster gave the Council an overview of the Role of School Health and Safe Schools Advisory Council, citing policies: EHAA (Legal) and BDF (Legal). She referenced the required High School Health letter and Senate Bill 283 letter that go out to all students in 5th grade and up.

Bully Prevention program at MHS

Mrs. Aly Gaither, teacher at Midlothian High School, along with two students, gave an overview of the new bully prevention program being implemented at MHS this year. The program, called My In10tion, has been developed with the main goal of making a difference in the lives of others. The number 10 has been incorporated into the name in order to emphasize ten ways to show kindness. Students are encouraged to spread kindness.

The 10 ways of showing kindness that are emphasized are:

Accept, uplift, comfort, respect, support, include, assure, praise, acknowledge, with the main goal being to make a difference.

Ms. Gaither and Ms. Ramsey, Co-sponsors conducted a survey with the MHS students to determine how many had been affected by bullying in any way.

Students must complete an application process, that includes a written essay and teacher recommendations, in order to be considered for membership. My In10tion has also been implemented at the two middle school campuses.

REACH Council

Richard Norman, Executive Director of REACH Council Prevention Services, gave an overview of a variety of services and programs offered by REACH in our schools. REACH conducts Life Skills classes at both middle schools. They also work with our students in DAEP and assist with transition back to the regular campus.

Food Services Update

Ashley Chapman from ARAMARK in the Food Services Department gave an update on Food Services

Local Wellness Policy Review for 2010-2011

Ms. Foster asked the committee to review the current Local Wellness Policy (FFA Local) and asked if there were areas that needed to be revised, or any additions they would like to consider. It was determined that FFA Local would remain the same for the 2010-2011 school year.

Annual Report to School Board

Ms. Foster reminded the committee that beginning in the 2009-2010 school year, the School Health and Safe Students Advisory Council is required to submit an annual report to the board. She handed out copies of the report that summaries the goals and agenda items from the 2009-2010 School Health and Safe Students Advisory Council.

Nurse's Update and Health Fair

Lead Nurse, Joanne Sullivan, asked for input and ideas for the Community Health Fair sponsored by the council and campus nurses. She said they would discuss further at the December meeting.

Safe/Drug-Free Program Evaluation and Compliance Report

Mrs. Knight discussed the Title IV, Safe and Drug Free Program Evaluation and the Title IV Compliance Report for the 2009-10 school year.

Red Ribbon Week

Plans for MISD's observation of Red Ribbon week were provided to council members and discussed by campus representatives. MISD observed Red Ribbon Week from October 25-29.

Suggestions/Goals for 2010-11

Ms. Foster asked the Council to bring suggestions or goals to the next meeting.

The next meeting is scheduled for Tuesday, December 7, 2010 at 6:30 PM in the MISD Boardroom. Future meetings for the year are set for February 7 and May 9.

Respectfully submitted by Diane Foster and Lisa Knight