



**School Health and Safe Schools Advisory Council  
Minutes  
October 13, 2009**

**Minutes from School Health and Safe Schools Advisory Council Meeting: October 13, 2009**  
Sing in sheet available upon request

**Diane Foster led the introductions, asking each member of the council to state their name and tell in what capacity they are serving on the council.**

**Role of School Health and Safe Schools Advisory Council:**

**BDF (legal) and EHAA (legal)**

**Diane Foster reviewed the legal policies stated above, and pointed out the council's duties, which include recommending: (1) the number of hours of instruction to be provided in health education, (2) curriculum appropriate for specific grade levels designed to prevent obesity, cardiovascular disease, and Type II diabetes through coordination of health education, physical education, and physical activity, nutrition services, parental involvement, and instruction to prevent the use of tobacco; (3) Appropriate grade levels and methods of instruction for human sexuality instruction; and (4) Strategies for integrating the curriculum components specified by item 2 above, with the following elements in a coordinated school health program: A. School health services; B. Counseling and guidance services; C. A safe and healthy school environment; and D. School employee wellness.**

**New School Health Requirements: Diane Foster handed out a one-page summary created by the Texas Education Association, summarizing the most recent legislation, and then explained how MISD will be implementing these new requirements.**

**Local Wellness Policy: Diane Foster handed out a copy of our current local wellness policy and asked them to review it and let me know if the committee would like to make revisions/additions to the policy.**

**Physical Education Requirements: Campus Reports- Diane Foster assured the council that each building principal has confirmed that their campus is meeting the required P.E. minutes set by the state.**

**Coordinated School Health Campus Goals:** Diane Foster asked each campus to come prepared at the December meeting to share with the council, their 2009-2010 CATCH campus goals.

**Diabetes Walkathon:** Shelley Maxwell encouraged all members to come to the fourth annual walkathon. She explained the set up for the evening, and the various groups that would be setting up tables with educational information.

**H1N1:** Shelley Maxwell gave a brief report explaining the current policies and procedures MISD is using to help prevent the spread of the H1N1 in our public schools. She encouraged the members to visit the website for further information. She also answered questions from the council members.

Lisa Knight gave a review of MISD's Safe and Drug-Free Program for the 2008-09 school year and an overview of this year's program. The Comprehensive Program matrix is available which shows the types of programs available on each campus.

Sgt. Brian Woolery, with the Midlothian Police Department shared information with the Advisory Council about a tobacco prevention grant the Department has received and shared some ideas on how the grant monies will be used. He showed a Public Service Announcement aimed at reducing the use of smokeless tobacco. The PSA will be aired on the campuses through their news system.

Red Ribbon Week will be held October 26-30, 2009. An overview of activities for each campus was given. Research-based activities, directed at reducing drug abuse, will be held on each campus during this week and at various times throughout the year.

The 2008-09 Title IV Compliance Report, Title IX Safe School Choice and 2008-09 Gun Free Schools Report were reviewed by the Council.

Janice Carey, Executive Director of REACH Council Prevention Services presented an overview of services which REACH provides for our district.

**REACH stands for**

Resource  
Education  
Action  
Council  
Helping Midlothian

**The following services are available:**

Project SUCCESS for middle and high school students in the DAEP  
Prevention education  
Individual counseling  
Group counseling  
Assessment with referrals (as needed to CIS or other resources)  
Follow-up on return to campus with student's permission to include individual and/or group counseling

REACH Council will provide counseling services to all MISD students that test positive on the Urine Drug Screen. REACH Council will provide a letter of completion to the administrative staff in charge of Urine Drug Screening and a letter to the student.

Life Skills - 6-8th at Frank Seale and Walnut Grove

Curriculum-Based Support Groups are available

Red Ribbon Week activities

Presentations as requested.

Parent/community presentations

**Our next meeting will be held Thursday, December 3, 2009 at 6:30 in MISD Boardroom.**