



**School Health and Safe Schools Advisory Council
Minutes
December 4, 2008**

Members Present: Sign in Sheet available, Diane Foster, Director of Curriculum, and Lisa Knight, Director of Special and Federal Programs represented the MISD Administration.

Project SELF Presentation-The MHS Problem Solvers' seven girl team presented their project for this year to the Advisory Council. The project, titled Project Self, is aimed at assisting middle school-aged girls in improving their self-image. The girls selected this topic because they are all girls and have experienced the difficulties faced by middle school-aged girls and they wanted to help these students have a better transition to high school. They will conduct 8 sessions to be held on Saturdays and will have guest speakers who will address different topics of interest to girls. They will also have a website set available for anyone which will be updated on a regular basis. There will also be an email address given to those who attend the sessions so they can have someone to communicate with regarding their concerns.

A survey was conducted during their visit to the middle schools and another will be conducted at the end of the 8 session program to determine how the girls feel about the experience.

Diabetes Walk Update

Diane Foster

The third annual Diabetes walk was a huge success with over 240 students and parents participating. The walk was held at the MHS track on October 16, 2008. \$10,189 was raised by our MISD students and donated to the American Diabetes Association. Longbranch Elementary raised the most money with a total of \$2,644. Four students from across the district were awarded the Step Out to Fight Diabetes award and received bicycles for their outstanding effort. Students raising over \$1000 were also given a free ticket to the Dec.10th Dallas Stars game.

School Safety Checklist

The Safe School Checklist will be available online for secondary students, teachers and parents from February 27.

The Advisory Council was asked at the last meeting to look at the checklists for students and teachers and to give input on questions that could be added to address concerns in our schools.

Several good suggestions were made and submitted to Region 10 who will make the changes to the checklists where possible. The survey will be available at the secondary schools during the dates listed above and also in the Technology Training Center at the MISD Administration Building, following the next meeting, which will be February 17, 2009 at 6:30. This will be a Community Awareness meeting where Carlos Cruz, a law enforcement officer, will speak on the topic of Current Trends in Drug Abuse. The meeting will be held in the Board Room of the MISD Administration Building. All are welcome to attend.